



TODAY'S MEETING:
R Cole Hemp Care
Tess Domine

Today's Presentation

Like any small business, R. Cole Hemp Care started because they had a problem that needed solving. In their case it was that their beloved dog, Cole, who had been a part of their family since he was seven weeks, became arthritic and experienced pain and discomfort. Like any good parents, Tess & Tony began to seek solutions. They wanted to help ease his pain without pills & the harmful side effects. Their search brought them to Full Spectrum CBD Extract. It was a safe alternative. It gave Cole relief. And, later helped Tony on his healing journey after heart surgery. They quickly learned how flooded the market was and difficult to find safe and trusted hemp care products. They knew they wanted to help others, and, through R. Cole, they've witnessed firsthand its healing power in their own lives and supporting close friends with cancer, chronic pain, insomnia, anxiety, and epilepsy. Their roots run deep in Wisconsin, where they're at the forefront of the hemp industry. They believe in the cannabis plant and are committed to transparent products, research and development, and awareness. They offer the best sourced hemp products from Wisconsin and across the United States. R. Cole Hemp Care is a USDA Hemp producer growing craft hemp at their farm outside of Oshkosh and making CBD wellness products for pain, sleep, anxiety. They provide everyday wellness products for both

people and pets. They're beloved Cole passed away in 2019 but is with them guiding along the way. Tony, Tess, and their adorable son Alfonso spend their days living, playing, and growing this incredible plant to bring you the highest quality Craft CBD products. They are available to visit by appointment at 2954 Jackson Street and at an increasing number of retailers.



Calendar of Events

- SHP Bed Build**
Apr. 27 Sign Up Required. Scan QR Code in the announcement
- Tri-County Dental**
May 1 Sandy Drexler
- OUAW Day of Caring**
May 8
- On The Wing**
May 8 Jane Kelly
- Club Board of Directors Meeting at Revs**
May 13 Starts at 4pm
- Day by Day Shelter**
May 14 Meal Serving, Info on Back
- Lt General Frank E Peterson Jr**
May 15 Dana Peterson
- Agri-Business, Farm Operations, and Soils Instructor**
May 22 Nick Schneider

Sleep In Heavenly Peace Bed Build

Building Beds for Oshkosh Kids in Need

We would love to have your help building beds for Oshkosh kids who don't have a bed. You can learn more about the mission of Sleep in Heavenly Peace (SHP) at their website: <https://www.shpbeds.org/chapter/wi-oshkosh>

Our build will take place Saturday, April 27th at 9am.

Building site address is:
Rucinsky Painting
3680 N Main St
Oshkosh, WI 54901



Please scan the QR code or use the link below to sign up if you can join us.
<https://forms.gle/YqgJskbVTHrSoqKn8>

Rock the Block Service Opportunity

Join fellow club members on Thursday, May 23rd as we serve lunch for Rock the Block.

Rock the Block is Habitat for Humanity's international brand that is focused on bringing people together to revitalize neighborhoods. The purpose is to get neighbors and the greater community working together to improve their city.



<https://www.habitatoshkosh.org/rock-the-block>

Changing of the Guard Event

Join us as we celebrate the changing of the guard from the 2023/2024 to the 2024/2025 Rotary year!

Date: Thursday, June 20, 2024
 Location: Lakeshore Park Pavillion
 Cost: \$20
 Drinks and Food: 5pm-6:30pm
 Program: 6:30pm

There is a beautiful wrap around deck to sit out on and enjoy the weather and the river. Let's hope for good weather for a nice social evening to celebrate Karlene and her year as President of our club.

Food and beverage will be set up inside the pavilion and included in the cost. We will need a few volunteers to help set up during the day along with some help to tear down and clean up. We have the pavilion reserved from Noon until 10pm.

RSVP will be required. Please use the sign up sheet located by the name tag boxes.

Day by Day Shelter Meal Serving Opportunities for our Club

We are looking for about 6 fellow Rotarians to help serve a meal at the Day by Day Shelter. If you are willing to help, please reach out to Jessica Benesh.

If you would like to make a financial contribution, you can venmo money to: @Karlene-Leatherman

Location: Day by Day Shelter
Time: 5:30 pm until 7:30 pm

Upcoming Dates:

- Monday, April 15, 2024
- Tuesday, May 14, 2024
- Monday, June 17, 2024



Roosevelt Elem. Volunteering



Date: Wednesday May 29, 2024
Location: Roosevelt Elementary School
 Join fellow Rotarian, Marcus Butts, as we partner up with Roosevelt Elementary School a wonderful year end picnic. There is no regular Rotary meeting on this day.

Watershed Cleanup Volunteering

When: Saturday, May 4th 9am until 11:30am
Where: Rainbow Park, Oshkosh
What: Fox-Wolf Watershed cleanup will take place along the shorelines of Rainbow Park.

Contact Andy DeWitt to sign up or more info: aadewitt@gmail.com

Upcoming Words of Inspiration & Greeters At Our Weekly Meeting

Words of Inspiration

Apr. 24th
 Greg Giles

May 1st
 Craig Burnett

Greeters

Apr. 24th
 Michael Raymond and Gerald Hendrickson

May 1st
 Jessica Benesh and Barb Herzog

Today's Meeting Location

Oshkosh Convention Center
 North Breakout Rooms
 2 N. Main St, Oshkosh



SW Rotary Website
oshkoshrotarysouthwest.org

District 6270 Website
rotary6270.org

Rotary International Website
rotary.org

[Oshkosh Rotary Southwest](https://www.facebook.com/oshkoshrotarysouthwest)

37th Annual Flying Rotarians Picnic/The Gathering Volunteering

We will be holding out weekly meeting at the EAA Nature Center Pavilion on Wednesday, July 24th at Noon for the 37th Annual Flying Rotarians Picnic. The following evening, Thursday, July 25th, we will need about 25 volunteers to help serve beer, wine, and cocktails to attendees at the Gathering. There is no service experience necessary.

Sign up is required for each event.



25 Volunteers (minimum) Needed