



TODAY'S PRESENTATION: **Stephanie Pereira da Silva** **Fusion Footwear and pdsF.U.S.I.O.N.**

Today's Presentation



Today we will be hearing from Stephanie Pereira da Silva, a dynamic speaker who is all about health and wellness with a specific focus on the obesity challenge in Winnebago County.

Stephanie is the owner of Fusion Footwear Corporation in Oshkosh and the Executive Director of pdsF.U.S.I.O.N. INC, a 501c (3) non-profit organization working to move the needle on inactivity and obesity in Winnebago County.

Prior to these roles, Stephanie was with Kimberly-Clark Corporation for over 13 years, specializing in the development, coordination, administration, and management of their health & wellness programming for employees in Neenah and across the globe. Prior to Kimberly-Clark, Stephanie served as a Health Promotion Specialist at WPS Health Insurance (Madison); Aquatics & Preschool Fitness Director (Green Bay) and Health & Wellness Coordinator at Sentry Insurance (Stevens Point).

Stephanie serves the Fox Valley community through her volunteer involvement

in University of Wisconsin Health & Wellness Management (Advisory Board Member), CoAES Program Advisory Committee UW-Oshkosh, and Girl Scouts of the USA. Stephanie also works as a fitness instructor for the Oshkosh YMCA and the Oshkosh Recreation Department.

Stephanie Pereira da Silva is a graduate from the University of Wisconsin Stevens Point with a degree in Health Promotion & Wellness and minor in Nutrition. She also has a Master of Science degree in Human & Community Resources and Nutrition from the University of Wisconsin Stevens Point.

Stephanie is a wife and mother of two young girls (Gabiella, 13 and McKenzi, 8) and enjoys traveling, reading, kayaking, and anything else outdoors with her family.



fusionfootwear920.com



pdsfusion.org/pdsfusion

UPCOMING EVENTS

Calendar of Events

Upcoming Programs

- Oct. 18 **Learning In Retirement**
Julia Kiefer and Pat Mahoney
- Oct. 25 **Wisconsin Herd**
Trevor Knoll
- Nov. 1 ***Offsite Meeting***
Tiny Home Village
Julie Pollnow
- Nov. 8 **Osh. High/West Veteran's Honor Wall & Osh. Fire Dept. Wall of Honor**
- Nov. 15 **Foundation Day/Paul Harris Awards**
Dave Omachinski & Todd Slagter

Rotary Membership Drive Social

When: Mon. Nov. 13th
Time: 5:30 P.M. until 7:00 P.M.
Where: Revs Bowl Bar & Grill Bar Room
275 N Washburn St, Oshkosh

No charge for this event! This will follow our board meeting. Start thinking of guests to invite to check out what Rotary is all about!

Pints for Polio w/Neenah Rotary Club

Join the Neenah Rotary Club as we support their fundraiser for Pints for Polio on World Polio Day. \$1 from each beer purchased will go to the help fight polio through Rotary.

Date: Tuesday, October 24, 2023
Location: Greene's Pour House - Neenah
Time: 5:00 pm until 8:00 pm

Membership Brainstorming Roundtable

All members are invited to a roundtable discussion about our club membership before our weekly meeting on October 25th.

Date: Wednesday, October 25, 2023
Location: Athearn Ballroom
Time: 11:15 A.M.

Who: All club members are invited to attend

Day by Day Shelter - Meal Serving

We are looking for about 6 fellow Rotarians to help serve a meal at the Day by Day Shelter. If you are willing to help, please reach out to Jessica Benish. If you would like to make a financial contribution, you can venmo money to: @Karlene-Leatherman

Date: Monday, November 6, 2023
Location: Day by Day Shelter
Time: 5:30 pm until 7:30 pm

Tiny House Village - Meal Serving

There will be a community meal being served at the Tiny House Village on November 19th. If you are willing to help, please reach out to Jessica Benish.

Date: Sunday, November 19, 2023
Location: Tiny House Village
 W. Packer Ave
Time: To be announced

Save The Date To Volunteer For Sleep In Heavenly Peace Bed Building



Only 37 of 70 Spots Are Filled!

When: Fri. Oct. 20th: Set Up and Prep Lumber for Build Day
 Sat. Oct. 21st: Bed Build Day
Time: Friday: 3pm until 7pm(ish)
 Saturday: 8am until 1pm (Sat. registration: 7:30am-8am)
Where: Rucinsky's Painting
 3680 N Main St.
 Oshkosh WI 54901
 (corner of N Main & Snell)

No experience required! Please wear closed toed shoes. Long hair should be pulled back or under a cap. PPE's will be provided.

If you want to participate, you must sign up through Sleep In Heavenly Peace and complete their waiver form online. Use the QR code to go to the sign-up website.



Club Social - Follow SIHP Bed Build

Our club will have a social following the bed build. The social will take place at Twisted Roots. There will be a free 1/2 barrel, other drinks will be on your own.
Date: Saturday October 21, 2023
Location: Twisted Roots - 693 N. Main St
Time: @Noon/immediately after the build.

Upcoming Words of Inspiration & Greeters At Our Weekly Meeting

Words of Inspiration

Oct. 11th
 Erik Gialdella

Oct. 18th
 T.B.D.

Greeters

Oct. 11th
 Carissa Paul, Joe McCleer

Oct. 18th
 Keegan Langkau, Mike Gibbs

Today's Meeting Location

Best Western Premiere
 Athearn Ballroom
 1 N Main St, Oshkosh



SW Rotary Website
oshkoshrotarysouthwest.org

District 6270 Website
rotary6270.org

Rotary International Website
rotary.org

[Oshkosh Rotary Southwest](#)

[Rotary Club of Oshkosh Southwest](#)