



TODAY'S PRESENTATION:

Acupuncture
Steven Mui, Dipl.Ac.

Today's Presentation



Today we welcome Steven Mui, Dipl.Ac. As a health care practitioner, Steven seeks to empower people to take control of their own physical, mental & emotional

health by managing current symptoms and treating underlying causes with evidence-based therapies & education. His philosophy is that the best care for a person comes from a multifaceted, integrated approach that treats the whole person.

Steven will talk about acupuncture and its common uses today.

Thank you, Steven!



Oshkosh on the Water Rotary Club (formerly eClub) is hosting a booth at the Farmers Market on Oct 24 to educate on Rotary's efforts with polio eradication. They will have the Iron Lung to show. 2 hour shifts, 4 people per shift – could use 1 more person. Setup 7am – need 1 more person. Takedown 12:30pm – need 2 more people. For more information, contact Andy DeWitt.

New Member

The following individual has been recommended for membership by the Board of Directors. **Second Posting**

Name: Ryan Rohde
Vocation: The Waters Event & Operations Manager
Proposed by: Bill Wyman



We are getting ready to bring you the best Celebration of

Lights this year - but it doesn't happen without amazing volunteers. If you would like to volunteer - please reach out.

Visit this website for contact information or to volunteer.

<https://www.oshkoshcol.org/volunteers>

Shared Harvest Thanks You



Thanks to all who helped with Shared Harvest this summer.

4,290 pounds (2.15 tons) of

vegetables over 13 collection dates was donated to the Oshkosh Area Food Pantry.

~ Sue Schnorr

Attending in person ??

FACE COVERING REQUIRED

zoom
 Video Conferencing

SEE YOUR EMAIL FOR MEETING ID AND LINK



Calendar of Events

Upcoming Programs

- Oct 28 2Blondes
Deanna Qualley, Tammy Russell
- Nov 4 DG Craig Burnett Paul Harris Awards
- Nov 11 Downtown BID
Jessica Meidl
- Nov 18 Water City Care Mission
St. Anne's Clinic
Brianna Klotz, DNP

Recurring Events

- 2nd Club Board Meeting
- Monday 4-5pm, Location TBD
- Nov 9 All are welcome to attend

Invocation

October ~ Karlene Leatherman

Greeters

October 21 ~ Dave Guerden
 October 28 ~ Siri Smits

Today's Meeting Location

Best Western Premier,
 1 N Main St, Oshkosh WI 54901

**Coats for Kids
Matt Bakalars**



Our bank (Fox Valley Savings) like other locations in Oshkosh is collecting Coats for Kids now thru October 30th.

With COVID-19 spiking again, many places that collected coats have closed their lobbies. While we may do so again soon I still am open to collecting any coats from Rotarians. If anybody wants to donate coats, they can just give me a call and I can make sure they can get in the lobby to drop them off if we are not open or possibly even pick the coats up.

I believe the need will be ever greater this year than in years past and it may prove difficult to meet this need.

For more information, contact Matt Bakalars.

**Thank You
Carmen & Erik**



Carmen Scott so generously made cookies for Jessica, Karlene and last week's speaker, Gretchen.

Jessica could not come. (Todd got hers)

Gretchen was virtual. (Sorry Gretchen)

Erik Gialdella benefitted with a donation to SWR.

Karlene enjoyed hers.

**Meet our Members
Nate Olson**



Meet Nate Olson! Nate is a former Southwest Rotary President and currently serves on the Board of Directors - Membership.

Hometown:
Fond du Lac, WI

Occupation:
Attorney with Olson Legal Group LLC

Family:
Wife, Carla, four children, Ethan (15), Lily (12), Isla (10) and Natalie (8) plus Henry (a boxer), Hazel (a lot of a lot of things), Walter (cat), Eleanor (guinea pig)

Hobbies & Interests:
Boating, anything sports, watching movies, hunting

College(s) & Degree(s):
UW Oshkosh – BA and
Western Michigan Law School – JD

Awards & Accomplishments:
I've been fortunate to be the recipient of numerous awards throughout my life – military, law enforcement and current profession

What do you love about Oshkosh Southwest Rotary?
Our Rotarians!!! I've always been treated kindly by all of Rotarians and I hope that they can say the same about me. I love giving and I love socializing.

What organization(s) do you enjoy volunteering for in the community?
Rotary!!!

What's something people wouldn't know about you?
I'm a huge music/concert fan and keep an ongoing list of every artist I've ever seen!

If you could have a superpower, what would it be?

To Fly

Thanks for always keeping us laughing, Nate!

**Recipe of the Week
Jessica Benesh**

From our SWR President ...

Tomato Basil Bisque
3 large cans crushed tomatoes
1 quart heavy cream or half and half
1 cup grated Parmesan
1/4 cup dried basil
1 tsp sugar
Salt and pepper to taste

Heat all ingredients together and serve!

Goes great with grilled cheese sandwiches!



Rotary

THE FOUR-WAY TEST
Of the things we think, say or do

first
Is it the **TRUTH**?

second
Is it **FAIR** to all concerned?

third
Will it build **GOODWILL**
and **BETTER FRIENDSHIPS**?

fourth
Will it be **BENEFICIAL** to all concerned?

