



August 26, 2020

Meeting Location : ZOOM & in person at Best Western Premier 1 N Main St.

Athearn Ballroom

MASKS ARE REQUIRED

Greeters— please sign up

Invocation— please sign up w/Brad Dunn for both.



Masks required

TODAY'S PRESENTATION

Inductions and Classification Talks

Today we welcome our 'Red Badge' members to full 'Blue Badge' membership in Oshkosh Rotary South West. We will hear about them each in their own words as well during classification talks.

Congratulations!

Thank you **Bill Thimke** for sharing your coffee roasting secrets at last week's meeting. President Benesh made sure to get a close up photo of the roaster to frame for her office wall, (and everyone else left the meeting with coffee cravings). Sounds like a great addition to the Environmental Committee's 'Leaves and Beans' coffee for trees fundraiser that is in the works. More info to come on that.

ENVIRONMENTAL SERVICE

The **Beautification Award** winners have been announced and the yard signs are up. New this year is a map of all the winners and finalists which will be publicized on Facebook as a **Drive**

CONGRATULATIONS

Congrats to scholarship recipient Lydia Schloskey from Oshkosh North High School.

Good luck with your future studies!

VOCATIONAL SERVICE

Who's up next? **Mini Classification Talks** are taking place at weekly meetings from experienced Rotarians. Tell us what you do and how youngsters can prepare for a career in your field.

CLUB SERVICE

A **New Year's Luminaria Fundraiser** is in the works.

Contact Becky Metz, Griffon Pollnow or Amy Albright if interested in being on the committee.



COMMUNITY SERVICE

Speaking of service to our community, if you would like to follow Art on his journey to wellness, a **Caring Bridge** has been set up here <http://caringbridge.org/visit/cc2day-art> Site name—cc2day-art.

NEW GENERATIONS

Our **PAL, Roosevelt Elementary** will heading back to school very soon, either virtually or in-person. Students will be in **need of supplies**. Marcus and Kari are contacting the school to see what Rotarians can provide, and will come back to the club with items to donate.

INTERNATIONAL SERVICE

Trips to Peru are postponed until it is safe to return. Consider making a monetary donation applicable to the **Peru Fund**, which is being set up to cover future expenses. For info contact Nick Hahn or Bill Thimke.



Next one Sept. 14 after the Board meeting 5 p.m. @ Rev's back patio. We'll be hosting a baby shower for Kari. Hope you can join us!



District 6270 News

With the official induction ceremony for new members happening today, it's a good time to re-state the Object of Rotary. You can find this post and many more on the District's Website. <https://rotary6270.org/>

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

- the development of acquaintance as an opportunity for service;
- high ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to service society;
- The application of the ideal of service in each Rotarian's personal, business, and community life; the advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.



Rotary International Info

Using science of resilience to strengthen Rotary clubs during COVID-19

By Jenny Stotts, District 6690 membership chair

Resilience is the process of adapting in the face of adversity. When we experience a traumatic or stressful event, our brains activate a number of pathways to protect us. These biological processes help keep us safe. It's in the recovery from these events that we grow and change and become stronger.

Many of us are living this reality right now in the face of the COVID-19 pandemic. The good news is, there are ways to grow our capacity for resiliency. And we can use this time to strengthen Rotary, by working together to grow and foster resilience in our fellow members and our clubs. Here are a few tips:

Connect: A critical building block for resilience is simply connecting with others. Check in with fellow members. Call them, send them a message, work to make sure they can access your virtual meetings. As a club, consider connecting with other clubs to weave yourself further into the global fabric of Rotary.

Perspective: When we experience ongoing adversity, it is far too easy to

lose hope.

Help members maintain a realistic and positive perspective. Rotary clubs are facing challenges right now including adjusting to new meeting platforms and worrying about membership or giving. Remember that the challenges you face today are not a reflection of your future. How you respond to today's challenges will shape the future.

Wellness: We are living during a time where words like "quarantine," "lockdown," and "zoom fatigue" are common and relatable. Promote and prioritize wellness among your members. Use your virtual meeting to ask members to share ways that they are taking care of themselves and their families. Be gracious when a member needs to take a break, skip a meeting or have an extra few days to respond to an email. Now is not the time to keep points or compete with who is doing more or less. Speak and listen with kindness.

Purpose: When we give energy to others, it has a way of recharging our own batteries. It fosters a sense of self-worth and gives us feelings of purpose and validation. Plan service opportunities with your fellow members that

you are able to accomplish and approach. Offering smaller projects concurrent to your larger, ongoing projects gives everyone in your club an access point to service.

Gratitude: We benefit from mindful and intentional reflections in gratitude. It can promote the release of neurotransmitters like serotonin and dopamine, which help us feel joy or happiness. Take a moment to share thanks to your fellow members and create opportunities for your entire club to extend gratitude to your community and your partners.

When we collectively care for our members, we help create pathways to grow and foster resilience. When we scale these practices to the organization level, we unlock new potential to strengthen our clubs and enhance the member experience. The world deserves Rotarians and Rotary clubs that are resilient, adaptable, and strong. Remember to take care of one another. But, take care of yourself, too. You deserve to be your best and most resilient self.

STAY IN TOUCH

Address: PO Box 1202 Oshkosh WI 54903-1202

SW Rotary Website: oshkoshrotarysouthwest.org (currently under re-construction)

Facebook: @Oshkosh Rotary Southwest

District 6270: <https://rotary6270.org/>
Rotary International: rotary.org